



SNOWY MONARO  
REGIONAL COUNCIL

# COMMUNITY CONNECTIONS NEWSLETTER

February, March, April 2021





# SNOWY MONARO REGIONAL COUNCIL

February, March  
& April 2021  
Newsletter

Welcome to our first newsletter for 2021.

This year will see many of our programs return after being suspended in 2020 due to Covid-19. To assist with planning, we will be producing a quarterly newsletter, so you will notice this newsletter covers February, March and April 2021.

This newsletter sees the return of Cards at both Centres and Jindabyne Bowling Club. Maggies Music makes a comeback to Berridale CWA Hall. Lunch Clubs will get back to exploring the many dining options across our region. Art & Craft have some exciting projects planned, including a 'Four Seasons' yarn bombing installation for entry in the Lake Light Sculpture Exhibition held in Jindabyne over the Easter long weekend. An overnight outing in April will allow us to explore Tumut and surrounds in Autumn, a stunning time of year in this unique area.

Community Transport has shopping trips to various new destinations in Canberra and Meals on Wheels are now offering sandwich packs for delivery in the Cooma area. Please refer to the Community Transport calendar and Meals on Wheels flyer in this newsletter for more information.

To assist us to remain Covid-Safe we now have QR codes at both the Werri-Nina Centre and Bombala Community Centre. We have updated information on our Covid-19 Group Guidelines page in this newsletter. Please have a read and let us know if you have any concerns.

If you would like any further information on any of our programs, please call one of our offices to chat.

Community Support Programs Team



A Trusted Community Partner



# Snowy Monaro Community Connections | February 2021



SATURDAY

6

FRIDAY

5

THURSDAY

4

WEDNESDAY

3

TUESDAY

2

MONDAY

1

EDUCATION & WELLNESS  
INFORMATION TECHNOLOGY  
WERRI-NINA CENTRE  
BOMBALA COMMUNITY CENTRE

CARDS  
WERRI-NINA CENTRE &  
BOMBALA COMMUNITY  
CENTRE

ART & CRAFT  
WERRI-NINA CENTRE &  
BOMBALA COMMUNITY  
CENTRE

7

8

EDUCATION & WELLNESS  
INFORMATION TECHNOLOGY  
WERRI-NINA CENTRE  
BOMBALA COMMUNITY CENTRE

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LUNCH CLUB  
PAMBULA

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ART & CRAFT  
WERRI-NINA CENTRE &  
BOMBALA COMMUNITY  
CENTRE

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ART & CRAFT  
NIMMITABEL

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EDUCATION & WELLNESS  
INFORMATION TECHNOLOGY  
WERRI-NINA CENTRE  
BOMBALA COMMUNITY CENTRE

16

LUNCH CLUB  
BOMBALA BINGO

17

ART & CRAFT  
WERRI-NINA CENTRE &  
BOMBALA COMMUNITY  
CENTRE

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CARDS  
JINDABYNE

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EDUCATION & WELLNESS  
INFORMATION TECHNOLOGY  
WERRI-NINA CENTRE  
BOMBALA COMMUNITY CENTRE

23

LUNCH CLUB  
DALGETY

24

ART & CRAFT  
WERRI-NINA CENTRE &  
BOMBALA COMMUNITY  
CENTRE

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LUNCH CLUB  
TRIVIA TOURNAMENT  
WERRI-NINA CENTRE

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# Snowy Monaro Community Connections | March 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE	2 CARDS WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	3 ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	4	5	6
7	8 EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE	9 LUNCH CLUB DELEGATE	10 ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	11	12 ART & CRAFT NIMMITABEL MAGGIES MUSIC BERRIDALE	13
14	15 EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE	16 LUNCH CLUB BOMBALA BINGO	17 ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	18 CARDS JINDABYNE	19	20
21	22 EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE	23 LUNCH CLUB BREDBO	24 ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	25 LUNCH CLUB TRIVIA TOURNAMENT WERRI-NINA CENTRE	26	27
28	29 EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE	30	31 ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE COMBINED OUTING			



# Snowy Monaro Community Connections | April 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
					GOOD FRIDAY PUBLIC HOLIDAY	
4	5	6	7	8	9	10
		PLANNING WEEK	PLANNING WEEK	PLANNING WEEK	PLANNING WEEK	
11	12	13	14	15	16	17
EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE			COMBINED OUTING TUMUT OVERNIGHT ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	COMBINED OUTING TUMUT OVERNIGHT CARDS JINDABYNE	ART & CRAFT NIMMITABEL	
18	19	20	21	22	23	24
EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE		LUNCH CLUB BOMBALA BINGO	ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	COMBINED OUTING		
25	26	27	28	29	30	
EDUCATION & WELLNESS INFORMATION TECHNOLOGY WERRI-NINA CENTRE BOMBALA COMMUNITY CENTRE		LUNCH CLUB MERIMBULA	ART & CRAFT WERRI-NINA CENTRE & BOMBALA COMMUNITY CENTRE	LUNCH CLUB TRIVIA TOURNAMENT WERRI-NINA CENTRE		



# Community Transport Scheduled Bus Trip Timetable | February 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 JINDABYNE/BERRIDALE/COOMA TO WODEN SHOPPING BUS \$15.00	2	3	4 JINDABYNE/BERRIDALE TO COOMA BUS \$8.00 NIMMITABEL TO COOMA BUS \$8.00	5 ADAMINABY TO COOMA BUS \$8.00 BOMBALA TOWNSHIP BUS \$5.00	6
7	8 BOMBALA TO COOMA BUS \$10.00	9	10	11 DELEGATE TO BOMBALA BUS \$8.00	12 BOMBALA TOWNSHIP BUS \$5.00	13
14	15	16	17	18 JINDABYNE/BERRIDALE TO COOMA BUS \$8.00 NIMMITABEL TO COOMA BUS \$8.00 BOMBALA TO CANBERRA BUS \$15.00	19 BOMBALA TOWNSHIP BUS \$5.00 ADAMINABY TO COOMA BUS \$8.00 COOMA TOWNSHIP BUS \$5.00	20
21	22 BOMBALA TO BEGA BUS \$10.00 BOMBALA TO COOMA BUS \$10.00	23	24	25 DELEGATE TO BOMBALA BUS \$8.00 QUEANBEYAN & SPOTLIGHT SHOPPING BUS \$15.00	26 BOMBALA TOWNSHIP BUS \$5.00	27
28						

**PLEASE NOTE:** This calendar may change at late notice subject to advice from the Department of Health, and bus trip numbers will be limited to allow for social distancing.

Scheduled bus trips are designed to provide access to a variety of destinations including shopping and medical. Unscheduled travel is offered on all other weekdays.

Please contact **Community Transport** on **02 6451 1054** (Cooma, Berridale or Bombala) for bookings and information on contributions.





# Community Transport Scheduled Bus Trip Timetable | March 2021

SATURDAY

6

ADAMINABY  
TO COOMA BUS \$8.00  
BOMBALA TOWNSHIP  
BUS \$5.00  
COOMA TOWNSHIP BUS \$5.00

FRIDAY

5

ADAMINABY  
TO COOMA BUS \$8.00  
BOMBALA TOWNSHIP  
BUS \$5.00  
COOMA TOWNSHIP BUS \$5.00

THURSDAY

4

JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
BUS \$8.00

WEDNESDAY

3

JINDABYNE/BERRIDALE/COOMA  
TO CANBERRA SHOPPING BUS  
\$15.00

TUESDAY

2

JINDABYNE/BERRIDALE/COOMA  
TO CANBERRA SHOPPING BUS  
\$15.00

MONDAY

1

JINDABYNE/BERRIDALE/COOMA  
TO CANBERRA SHOPPING BUS  
\$15.00

SUNDAY

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BOMBALA TO COOMA  
BUS \$10.00

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BOMBALA TO COOMA  
BUS \$10.00

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BOMBALA TO BEGA BUS  
\$10.00

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FYSHWICK NICHE MARKETS  
SHOPPING BUS \$15.00  
DELEGATE TO BOMBALA  
BUS \$8.00

26

BOMBALA TOWNSHIP  
BUS \$5.00

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BOMBALA TOWNSHIP  
BUS \$5.00  
ADAMINABY  
TO COOMA BUS \$8.00  
COOMA TOWNSHIP BUS \$5.00

18

BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
BUS \$8.00

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TOWNSHIP  
BUS \$5.00

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ADAMINABY  
TO COOMA BUS \$8.00  
BOMBALA TOWNSHIP  
BUS \$5.00  
COOMA TOWNSHIP BUS \$5.00

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# Community Transport Scheduled Bus Trip Timetable | April 2021



SATURDAY

3

FRIDAY

2

PUBLIC HOLIDAY CLOSED

THURSDAY

1

JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
BUS \$8.00  
BOMBALA TOWNSHIP  
BUS \$5.00

WEDNESDAY

7

BOMBALA TO COOMA  
BUS \$10.00

8

DELEGATE TO BOMBALA  
BUS \$8.00

10

BOMBALA TOWNSHIP  
BUS \$5.00  
ADAMINABY  
TO COOMA BUS \$8.00

17

BOMBALA TOWNSHIP  
BUS \$5.00  
ADAMINABY  
TO COOMA BUS \$8.00  
COOMA TOWNSHIP BUS \$5.00

24

BOMBALA TOWNSHIP  
BUS \$5.00

22

DELEGATE TO BOMBALA  
BUS \$8.00  
CANBERRA OUTLET CENTRE  
SHOPPING BUS \$15.00

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BOMBALA TO COOMA  
BUS \$10.00

18

JINDABYNE/BERRIDALE/COOMA  
TO CANBERRA SHOPPING BUS  
\$15.00

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
BUS \$8.00

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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
BUS \$8.00

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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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DELEGATE TO BOMBALA  
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BOMBALA TO COOMA  
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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
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NIMMITABEL TO COOMA  
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DELEGATE TO BOMBALA  
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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
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JINDABYNE/BERRIDALE TO  
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NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
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BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
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PUBLIC HOLIDAY CLOSED

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BOMBALA TO CANBERRA BUS  
\$15.00  
JINDABYNE/BERRIDALE TO  
COOMA BUS \$8.00  
NIMMITABEL TO COOMA  
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PUBLIC HOLIDAY CLOSED

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DELEGATE TO BOMBALA  
BUS \$8.00

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BOMBALA TO COOMA  
BUS \$10.00

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# CARDS DAY

Cards Day is an opportunity to catch up with friends at various locations around our region. If you enjoy trying your hand at various card games, come and join us for a few games followed by lunch and a social catch up. Need a ride? Contact your local office to book. Time of pick up and drop off to be confirmed on booking.

## February

**Tuesday**  
2nd February

Werri-Nina Centre, Cooma  
**Time:** 10:00am - 1.30pm  
Bombala Community Centre  
**Time:** 10:00am - 12:00pm

**Thursday**  
18th February

Jindabyne Bowling Club  
**Time:** 10:00am - 2:00pm

## March

**Tuesday**  
2nd March

Werri-Nina Centre, Cooma  
**Time:** 10:00am - 1.30pm  
Bombala Community Centre  
**Time:** 10:00am - 12:00pm

**Thursday**  
18th March

Jindabyne Bowling Club  
**Time:** 10:00am - 2:00pm

## April

**Thursday**  
15th April

Jindabyne Bowling Club  
**Time:** 10:00am - 2:00pm

## Maggie's Music

**Friday 12th**  
March

Berridale CWA Hall  
7 Myack Street, Berridale  
**Time:** 1.30pm - 3.30pm  
**Activity:** \$4.00 per person  
**Community Transport:** \$6.00 per person

### Cost for Cards

**Werri-Nina Centre Cooma** \$15.00 Lunch

**Pubs/Clubs/Restaurants:** Food and beverages at own cost

**Community Transport:** \$5.00 Per person **Activity:** \$5.00 Per person

### RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

Please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

*Funded by the Australian Government Department of Health. Hosted by Snowy Monaro Regional Council Community Support Services*

A Trusted Community Partner



# COMBINED GROUPS



Combined Outings are an opportunity for groups from towns across our region to get together and enjoy a variety of activities. Need a ride? Contact your local office to book. Time of pick-up and drop off to be confirmed on booking.

## March

Wednesday  
31st March

### **Morning Melodies**

**Location:** The Q - Queanbeyan Performing Arts Centre, Queanbeyan

**Time:** Leaving Werri-Nina at 8.30am

**Cost:** Community Transport \$15.00, Tickets: \$28.00 per person, Activity: \$5.00

**Lunch:** At Own Cost

**RSVP:** Friday 26th February, 2021

Glenn Starr will flawlessly serenade you with memorable tunes from the 50's and 60's. You'll sing, laugh and reminisce with friends as he recreates the stunning sounds and timeless songs from the unforgettable golden age of music. Glenn's Morning Melodies show will bring back the good times with songs from The Beatles, Cliff Richard, Paul Anka, Elvis, The Monkees, Buddy Holly, Herman's Hermits, Bobby Vee, Bobby Darin and a whole lot more!

Numbers are very limited and a ballot system will be used to finalise places for those interested in participating.

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

Please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

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# COMBINED GROUPS

Combined Outings are an opportunity for groups from towns across our region to get together and enjoy a variety of activities. Need a ride? Contact your local office to book. Time of pick-up and drop off to be confirmed on booking.

## April

Thursday  
22nd April

### **Last Post Ceremony - Australian War Memorial**

**Location:** The Australian War Memorial, Canberra

**Time:** Leaving Werri-Nina at 11.00am

**Cost:** Community Transport \$15.00, Activity: \$5.00

**Lunch:** At Own Cost

**RSVP:** 15th April, 2021

As ANZAC DAY approaches, we felt it an appropriate time to attend a Last Post Ceremony at the Australian War Memorial. Commencing at approximately 4.55pm AEST, the Memorial farewells visitors with its moving Last Post Ceremony in the Commemorative Courtyard. Each night the ceremony shares the story behind one of the names on the Roll of Honour. The ceremony begins with the Australian National Anthem followed by the Piper's lament. Visitors are invited to lay wreaths and floral tributes beside the Pool of Reflection. An individual's story is told, and the Ode is recited by Australian Defence Force personnel. The ceremony ends with the sounding of the Last Post. From February to November the Last Post Ceremony includes Australia's Federation Guard.

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

Please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

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# ARTS & CRAFTS

Arts and crafts are held on Wednesdays at the Werri-Nina Centre Cooma and the Bombala Community Centre. Join in with our art or craft project of the week, bring along your own project or just join us for a friendly chat.

## February

**Wednesday  
3rd February**

**Lakelight Sculpture**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 27th January, 2021

Lake Light Sculpture is an inspiring outdoor sculpture exhibition and competition which will be held along the stunning foreshore of Lake Jindabyne in the Snowy Mountains of NSW from 2nd to 5th April 2021. The sculptures are displayed in an evocative setting with the reflections of the Snowy Mountains on the lake, providing a living studio for the artworks. It is as night falls that the real magic begins. Illumination has, since the festival's inception, been a defining element of Lake Light Sculpture.

Today we will begin the journey leading us to create a submission for this event in the form of an illuminated yarn bombing piece.

**Wednesday  
10th February**

**Red Feb**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 3rd February, 2021

REDFEB is designed to raise awareness of heart disease and also raise funds for life saving research into the prevention, diagnosis and treatment of heart disease. Wear something red today and we will embrace the REDFEB theme into our painting exercise as well.

**Friday  
12th February**

**Seagrass Planter**

**Location:** Nimmitabel  
Community Centre

**RSVP:** 5th February, 2021

An innovative and creative craft – re-purposing an inexpensive seagrass doormat into a decorative and stylish planter/pot cover. Using minimal tools we can aim for a very appealing addition to our home décor.

## Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm or 2.00pm to 4.00pm (Bombala Community Centre and Werri-Nina Centre)  
10.00 to 12.00pm (Nimmitabel Community Centre)

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

Please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

*Funded by the Australian Government Department of Health. Hosted by Snowy Monaro Regional Council Community Support Services*

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# ARTS & CRAFTS

Arts and crafts are held on Wednesdays at the Werri-Nina Centre Cooma and the Bombala Community Centre. Join in with our art or craft project of the week, bring along your own project or just join us for a friendly chat.

## February

**Wednesday  
17th February**

**Lakelight Sculpture**  
**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre  
**RSVP:** 10th February, 2021

**Wednesday  
24th February**

**Seagrass Planter**  
**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre  
**RSVP:** 17th February, 2021

We will be focusing on the 'summer' component of our Lake Light Sculpture project and continue to brainstorm and expand on our submission concept. Today is Random Act of Kindness Day. Everyone can use more kindness in their lives and today we explore the positive effects of doing something kind for another.



An innovative and creative craft – re-purposing an inexpensive seagrass doormat into a decorative and stylish planter/pot cover. Using minimal tools we can aim for a very appealing addition to our home décor.



### Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm  
or 2.00pm to 4.00pm

### RSVP

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## March

**Wednesday  
3rd March**

**Lakelight Sculpture**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 24th February, 2021

We will be focusing on the 'Autumn' component of our Lake Light Sculpture project and continue to brainstorm and expand on our submission concept.



**Wednesday  
10th March**

**Pendant Jewellery**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 3rd March, 2021

**Friday  
12th March**

**Pendant Jewellery**

**Location:** Nimmitabel  
Community Centre

**RSVP:** 5th March, 2021

Today we will become jewellers and make two lovely pendants. Using bezel settings with glass cabochons (cover) we will create stylish pieces to be admired by family and friends. You can make this as a keepsake by adding a photo of a loved one or simply a favourite flower, scene or colour the choice is yours!



### Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm or 2.00pm to 4.00pm (Bombala Community Centre or Werri-Nina Centre)  
10.00am to 12.00pm (Nimmitabel Community Centre)

### RSVP

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## March

**Wednesday  
17th March**

### **Lakelight Sculpture**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 10th March, 2021

**Wednesday  
24th March &  
Wednesday  
31st March**

### **Lakelight Sculpture**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 17th March, 2021

We will be focusing on the 'Spring' component of our Lake Light Sculpture project and continue to brainstorm and expand on our submission concept.



We will be focusing on the 'Winter' component of our Lake Light Sculpture project and finalising the preparation of our piece for instalment in Jindabyne for the Easter long weekend exhibition.



## Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm  
or 2.00pm to 4.00pm

## RSVP

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## April

**Wednesday  
14th April**

### **BYO Craft**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre  
**RSVP:** 7th April, 2021

**Wednesday  
21st April**

### **Centrepiece**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre  
**RSVP:** 14th April, 2021

Today, as many of our regular crafters are away on our overnight outing, you are invited to bring your own craft. Anything you may be working on that you might like to show or ask for assistance with during our session. You are also welcome to come along and just join us for a cuppa and a chat if you choose.

Welcome Hiske as she joins us to share her expertise in making a stylish foliage centrepiece for your table. At this time in the lead up to ANZAC Day we will use this as the theme for our piece.

**Friday  
16th April**

### **Soapmaking**

**Location:** Nimmitabel  
Community Centre  
**RSVP:** 9th April, 2021

Today we will have a demonstration of making the classic Castile Soap and you will be able to decorate and personalise your own soap.



## Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm or 2.00pm to 4.00pm (Bombala Community Centre and Werri-Nina Centre)  
10.00am to 12.00pm (Nimmitabel Community Centre)

## RSVP

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## April

**Wednesday**  
**28th April**

### **Soapmaking**

**Location:** Werri-Nina  
Centre Cooma and Bombala  
Community Centre

**RSVP:** 21st April, 2021

Castile soap represents one of the best natural and bio-degradable soaps that can be manufactured by hand. It is a great soap for washing body, laundry, hair, can safely be used by children and does not lose potency with time. Today we will have a demonstration of making the classic Castile Soap and you will be able to decorate and personalise your own soap.



### Cost

**Activity:** \$5.00 Per person

**Community Transport:** \$5.00 Per person

**Time:** 10.00am to 12.00pm  
or 2.00pm to 4.00pm

### RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

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# LUNCH CLUBS

Meet with others in your community at our popular Lunch Club! Enjoy good food and good company at various towns around our region. Need a ride? Contact your local office to book. Time of pick-up and drop off to be confirmed on booking.

## February

### Tuesday 9th February

Oaklands Cafe, Pambula  
**Time:** 12.00pm - 2.00pm  
**Lunch:** At own cost  
**Activity:** \$5.00  
**Community Transport:** \$15.00  
**RSVP:** 2nd February, 2021

### Tuesday 16th February

Bombala Bingo  
Bombala Community Centre  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 9th February, 2021

### Tuesday 23rd February

Buckley's Crossing Hotel,  
Dalgety  
**Time:** 12.00pm - 2.00pm  
**Lunch:** At own cost  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 16th February, 2021

### Thursday 25th February

Trivia  
Werri Nina Centre, Cooma  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 18th February, 2021

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.

Please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

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## March

### Tuesday 9th March

Women's Day Luncheon  
Delegate  
**Time:** to be advised  
**Lunch:** Cost to be advised  
**Activity:** \$5.00  
**Community Transport:** \$15.00  
**RSVP:** 2nd March, 2021

### Tuesday 16th March

Bombala Bingo  
Bombala Community Centre  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$15.00  
**RSVP:** 9th March, 2021

### Tuesday 23rd March

Bredbo Inn Hotel,  
Bredbo  
**Time:** 12.00pm - 2.00pm  
**Lunch:** At own cost  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 16th March, 2021

### Thursday 25th March

Trivia  
Werri Nina Centre, Cooma  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 17th March, 2021

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.  
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# LUNCH CLUBS

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## April

### Tuesday 20th April

Bombala Bingo  
Bombala Community Centre  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 12th April, 2021

### Tuesday 27th April

Market St, Merimbula  
**Time:** 10.00am - 2.00pm  
**Lunch:** At own cost  
**Activity:** \$5.00  
**Community Transport:** \$15.00  
**RSVP:** 12th April, 2021

### Thursday 29th April

Trivia  
Werri Nina Centre, Cooma  
**Time:** 11.30am - 2.00pm  
**Lunch:** \$15.00  
**Activity:** \$5.00  
**Community Transport:** \$5.00  
**RSVP:** 21st April, 2021

## RSVP

Confirmation of your attendance and transport is required at least one week prior to outings.  
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# OVERNIGHT STAY TUMUT



WEDNESDAY 14TH APRIL TO THURSDAY 15TH APRIL 2021

This overnight foray into our surrounding highlands is an opportunity to take in the beauty of our breathtaking countryside and support our country towns that have been affected during the recent climatic events ravaging our area. Autumn on our heels and the trees are evolving into a myriad of colours to delight our eyes.

Our destination is Tumut, a town in the Riverina region of New South Wales, Australia, situated on the banks of the Tumut River. The Tumut River and nearby Kosciuszko National Park was the meeting place for Aboriginal tribes including the Wiradjuri, Ngungawal and Wolgalu. They met for trade, ceremony and to follow traditional pathways used for travelling to and from the mountains to the coast

We will begin our adventure stopping in Adaminaby for morning tea, enjoy the scenic drive and the incredible view from Black Perry Lookout, Talbingo, and we will enjoy a packed lunch at Blowering Dam before continuing to Tumut.

Once we have checked in to our accommodation feel free to go for a walk or perhaps a nap before we venture to dinner.

Thursday will be busy with a visit to the Tumut Broom Factory followed by a tour and lunch at the Tumut River Brewing Company before we begin our drive home.

*Please note this outing will proceed subject to minimum numbers.*

RSVP: - Please see booking form attached to this newsletter

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# OVERNIGHT STAY TUMUT



WEDNESDAY 14TH APRIL TO THURSDAY 15TH APRIL 2021

## ITINERARY:

### WEDNESDAY 14TH APRIL 2021

8:30am	Depart Werri-Nina Centre
9:30am	Morning Tea – Adaminaby (Depart 10.30am)
12:30pm	Blowering Dam
2:00pm	Depart for Tumut
3:00pm	Check in to accommodation
6:00pm	Depart for dinner

### THURSDAY 15TH APRIL 2021

9:30am	Check out of accommodation
9:45am	Arrive Tumut Broom Factory
11:15am	Tumut River Brewing Company Tour followed by lunch
2:00pm	Departure
3:45pm	Arrive Adaminaby
4:45pm	Arrive Werri-Nina Centre



## COST:

### ACCOMMODATION:

\$160.00 per person for a single occupancy room

\$100.00 per person for a twin share room

Accommodation at Amaroo Motel Tumut and includes a hot buffet breakfast.

**TRANSPORT:** \$30.00 per person

Includes return transport from Cooma to Tumut and transport to/from organised activities.

**DINING:** At Own Cost (Lunch, dinner and snacks).

**TUMUT BROOM FACTORY TOUR/TALK:** \$5.00 per person

**TUMUT RIVER BREWING COMPANY TOUR:** \$10.00 per person

**ACTIVITY FEE:** \$10.00

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# EDUCATION AND WELLNESS



Staying mentally and physically healthy will lead to a longer, stronger life. To support you in living an active life, Snowy Monaro Regional Council is offering education and wellness sessions. If you receive funding through the Commonwealth Home Support Program (CHSP), you may be eligible for a subsidy to attend some sessions. Need a ride? Contact our office to book.

## INFORMATION TECHNOLOGY

Information Technology sessions with Creedence in Cooma & Peter Niven in Bombala. Bring along your electronic devices for tech support! Both Creedence & Peter can help you learn to use these well and operate social media such as Facebook.

**Date:** Every Monday (excluding Easter Monday public holiday)  
**Time:** 10.30am to 12.30pm  
**Cost:** \$10.00 per person subsidised rate;  
\$20.00 non-subsidised.  
Community Transport: \$5.00  
**Location:** Werri-Nina Centre, 227 Sharp Street Cooma, and  
Bombala Community Centre, 163 Maybe Street Bombala.

## A NOVEL IDEA

You might think that reading groups are simply an arena for book worms to indulge in their favourite passion or for you to have an enjoyable argument about your favourite story or characters with like-minded individuals... but book clubs may offer more lifelong benefits than you realise.... reading group discussions do wonders for your communication skills, are a wonderful breeding ground for ideas as well as provide the motivation for you to pen your own literary masterpiece and provides an opportunity to meet and befriend new people from all walks of life.

**Date:** Monday 1 February, 2021  
**Book:** Return to the High Country - Tony Parsons  
**Time:** 2.00pm via Zoom

**Date:** Monday 1 March, 2021  
**Book:** The Rosie Project - Graeme Simsion  
**Time:** 2.00pm via Zoom

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# MEALS ON WHEELS



**Meals on Wheels is expanding their hot meal delivery, offering extra meal options to support you at home while also supporting local businesses.**

We are currently looking to expand the hot meal delivery service. If you are interested in receiving hot meals on additional days or are interested in receiving a hot meal in your town from a local business, please contact the Werri-Nina Centre on 6455 4000.

## **Current Hot Meal Delivery Options:**

### **Cooma**

Wednesday: Choice of two different bistro meals. The menu and your choices will vary weekly.

Friday: Fish and Chips.

### **Bombala**

Hot meal delivery available 5 days per week.

## **Frozen Meal Delivery Options:**

Frozen meals are available for delivery in all towns across our region.

### **Sandwich Packs**

We are currently trialing Sandwich packs in Cooma beginning in February. The packs will consist of fresh assorted sandwiches with either a piece of cake or fruit.

Meals on Wheels will be offering this service to other townships at a later date.



Funding eligibility criteria applies.

Please contact Werri-Nina Centre on 6455 4000 for more information.

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# COVID-19 GROUP GUIDELINES



To ensure we comply with COVID-19 regulations around gatherings, there will be changes to the way our groups operate. These guidelines have been compiled under the advice of NSW Department of Health and are designed to keep us all safe as our community becomes more active. Please familiarise yourself with these guidelines prior to attending group activities.

- To ensure we comply with rules around capacity and social distancing, you must RSVP to attend group activities. If the number of people wishing to attend exceeds our capacity we may arrange additional groups to meet demand.
- Please do not attend if you have any of the following symptoms, even if they are only mild:
  - o Fever
  - o Cough
  - o Sore/scratchy throat
  - o Shortness of breath

NSW Department of Health advises that anybody displaying the above symptoms should be tested for COVID-19. You will be asked to declare that you are not displaying any of the above symptoms upon entering the Centre.

- Please sign in and out at reception when entering and leaving the Centre. We now have Service NSW QR codes at both the Werri-Nina and Bombala Community Centres which can be used to check in using a smartphone. If you do not have a smartphone, reception staff will check you in using the Service NSW website. Please note that your details are stored securely with Service NSW and will only be used for contact tracing in the event of a confirmed case of Covid-19 at either venue.
- Please use hand sanitiser provided when entering and leaving the Centre.
- The Centres will only be open for group activities during the specified timeframes. Access will not be available to the centres outside of these times. This allows staff time for essential tasks such as sanitising surfaces before and after use by group participants.
- Please ensure you maintain a physical distance of at least 1.5 metres from others. To make this easier we ask that, unless using the bathroom, you remain seated whilst attending centres. Please do not enter the kitchen or access items from the cupboards. Our tables will be set up at appropriate distance and craft supplies, tissues and hand sanitiser will be provided at each table.
- Practice good hand hygiene by washing your hands thoroughly for at least 20 seconds with soap and water, or an alcohol based hand rub. Cover your nose and mouth when coughing or sneezing with a tissue or flexed elbow.
- To minimise cash handling we will be invoicing you for groups attendance and Community Transport on a monthly basis.

**We look forward to seeing you again soon!**

For further information please phone **6451 1059** (Berridale), **6455 4000** (Cooma) or **6458 4620** (Bombala).

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# OVERNIGHT STAY TALBINGO TUMUT



## BOOKING FORM - OVERNIGHT STAY - TUMUT TOUR WEDNESDAY 14TH TO THURSDAY 15TH APRIL, 2021

This form must be completed and handed in at Werri Nina, Cooma or Berridale HACC office, accompanied by payment for accommodation by **Tuesday 10TH MARCH, 2021**. Final payment for remaining costs should be provided by **Thursday 1ST APRIL, 2021**.

### CONTACT DETAILS:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Pick up required from home      YES      NO

Meeting at Werri Nina      YES      NO

### ACCOMMODATION:

Single room      YES      NO      Cost: \$160.00 per person

Twin share room      YES      NO      Cost: \$100.00 per person

(Cost of accommodation is non-refundable)

**Transport cost:**      \$30.00

**Activity cost:**      \$10.00

**Tour fees:**      \$15.00

**RSVP including accommodation payment in full by Thursday 1ST APRIL, 2021.**

Please contact the office if you would like to discuss a payment plan for this outing.

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