



SNOWY MONARO
REGIONAL COUNCIL

COMMUNITY CONNECTIONS NEWSLETTER

December 2021
January 2022





SNOWY MONARO REGIONAL COUNCIL

**December 2021
January 2022
Newsletter**

Welcome to the final edition of our newsletter for this year.

2021 has been another interesting year for us all. Snowy Monaro Community Connections made the most of eased COVID-19 restrictions at the beginning of the year, recommencing our regular program. We even managed to fit in an overnight outing to Tumut and submit an award-winning entry into the Jindabyne Lake Light Sculpture event before heading back into lockdown again for a lengthy period of time.

With the recruitment of new group activity staff almost finalised and the continued easing of COVID-19 restrictions, we have big plans for 2022! Our February/March/April newsletter will have a wide variety of activities and outings. We hope you will take the opportunity to come along, rekindle friendships and enjoy new adventures.

There have been some changes to NSW Department of Health COVID-19 guidelines. Please refer to the information included in this newsletter for further information. If you have any questions or concerns about these changes, please do not hesitate to contact our office.

**Please note our offices will be closed from
12noon on Friday 24 December 2021
and will re-open at 9am on Monday 10 January 2022.**

**We would like to wish you all a
happy, safe and healthy Christmas and New Year!
Community Support Programs Team**



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SNOWY MONARO COMMUNITY CONNECTIONS December 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ARTS AND CRAFTS WERRI NINA CENTRE	2 ARTS AND CRAFTS BOMBALA COMMUNITY CENTRE	3 COMBINED GROUP CHRISTMAS BARN	4
5	6 NOVEL IDEA	7	8 CHRISTMAS LUNCH	9	10 ARTS AND CRAFTS NIMMITABEL	11
12	13 PLANNING	14 PLANNING	15 PLANNING	16 PLANNING	17 PLANNING	18
19	20	21	22	23	24	25
26	27 PUBLIC HOLIDAY	28 PUBLIC HOLIDAY	29	30	31	



SNOWY MONARO COMMUNITY CONNECTIONS January 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31					1
2	3 PUBLIC HOLIDAY	4	5	6	7	8
9	10 PLANNING	11 PLANNING	12 PLANNING	13 PLANNING	14 PLANNING	15
16	17 LUNCH CLUB EX SERVICES CLUB COOMA	18	19 ARTS AND CRAFTS/ MORNING/AFTERNOON TEA WERRI NINA CENTRE AND BOMBALA COMMUNITY CENTRE	20	21	22
23	24	25	26 PUBLIC HOLIDAY	27	28 LUNCH CLUB CLUB BOMBALA	29



Community Transport Scheduled Bus Trip Timetable | December 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 DELEGATE TO BOMBALA BUS \$8.00	3 BOMBALA TOWNSHIP BUS \$5.00	4
5	6 JINDI/BERRIDALE & COOMA TO WODEN WESTFIELDS SHOPPING BUS \$15.00	7	8	9 JINDABYNE/BERRIDALE TO COOMA BUS \$8.00 NIMMITABEL TO COOMA BUS \$8.00	10 BOMBALA TOWNSHIP BUS \$5.00 ADAMINABY TO COOMA BUS \$8.00 COOMA TOWNSHIP BUS \$5.00	11
12	13 BOMBALA TO COOMA BUS \$10.00	14	15	16 DELEGATE TO BOMBALA BUS \$8.00 BOMBALA TO CANBERRA \$15.00 JINDI/BERRIDALE & COOMA TO TUGGERANONG SHOPPING BUS \$15.00	17 BOMBALA TOWNSHIP BUS \$5.00	18
19	20 BOMBALA TO COOMA BUS \$10.00	21	22	23 JINDABYNE/BERRIDALE TO COOMA BUS \$8.00 NIMMITABEL TO COOMA BUS \$8.00	24 BOMBALA TOWNSHIP BUS \$5.00 ADAMINABY TO COOMA BUS \$8.00	25
26	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED	31 CLOSED	

BOOKINGS FOR 2 - 10 JANUARY 2022 — CALL OFFICE BEFORE FRIDAY 17 DECEMBER 2021

PLEASE NOTE: This calendar may change at late notice subject to advice from the Department of Health, and bus trip numbers will be limited to allow for social distancing.

Scheduled bus trips are designed to provide access to a variety of destinations including shopping and medical. Unscheduled travel is offered on all other weekdays. Please contact **Community Transport** on **02 6451 1054** (Cooma, Berridale or Bombala) for bookings and information on contributions.





COMBINED GROUPS

Combined outings are an opportunity for groups from towns across our region to get together and enjoy a variety of activities.

December

**Friday
3 December**

Venue: Christmas Barn, Bredbo

Time: Depart Werri Nina 10.30am

Cost: Community Transport \$5.00, Activity \$5.00

Lunch: At own cost

RSVP: 26 November 2021

Today we plan to get into the Christmas spirit with a visit to the Christmas Barn in Bredbo. Plenty to browse and lots of impressive Christmas decorating to inspire you. We will follow up with lunch at the Bredbo Inn, enjoying good food and fabulous company.



RSVP

Confirmation of your attendance and transport is required by the RSVP date provided for each activity or outing. Please phone Community Support Services on **6451 1059** to RSVP.

Funded by the Australian Government Department of Health. Hosted by Snowy Monaro Regional Council Community Support Services

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ARTS & CRAFTS

Arts and crafts are held on Wednesdays at the Werri-Nina Centre Cooma and the Bombala Community Centre. Join in with our art or craft project of the week, bring along your own project or just join us for a friendly chat.

December

**Wednesday
1 December**

Activity: Christmas Decorations
Location: Werri-Nina Centre
RSVP: 26 November 2021

**Thursday
2 December**

Activity: Christmas Decorations
Location: Bombala
Community Centre
RSVP: 26 November 2021

Long before the advent of Christianity, plants and trees that remained green all year had a special meaning for people in the winter. Just as people today decorate their homes during the festive season with pine, spruce, and fir trees, ancient people hung evergreen boughs over their doors and windows. Today we will make our own decorations to display or share.



Cost

Activity: \$5.00 Per person

Community Transport: \$5.00 Per person

Time: 10.00am to 12.00pm or 2.00pm to 4.00pm (Werri-Nina Centre)
10.00am to 12.00pm or 1.00pm to 3.00pm (Bombala Community Centre)
10.00am to 12.00pm (Nimmitabel Community Centre)

RSVP

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January 2022

**Wednesday
19 January**

Activity: New Year Catch Up
Location: Werri-Nina Centre
and Bombala Community Centre
RSVP: 10 January 2022

Welcome crafters to 2022 and all it may bring. Join us today for a chat over a cuppa, catch up on each other's Christmas shenanigans and discuss what crafts you may wish to tackle this year. Take the opportunity to see how our garden is growing. Feel free to bring in your own project if you would prefer, we are always happy to offer support and assistance with your personal projects.



Cost

Activity: \$5.00 Per person

Community Transport: \$5.00 Per person

Time: 10.00am to 12.00pm or 2.00pm to 4.00pm (Werri-Nina Centre)
10.00am to 12.00pm or 1.00pm to 3.00pm (Bombala Community Centre)

RSVP

Confirmation of your attendance and transport is required by the RSVP date provided for each activity or outing.

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LUNCH CLUBS

Meet with others in your community at our popular Lunch Club! Enjoy good food and good company at various towns around our region.

January 2022

**Monday
17 January**

Venue: Cooma Ex-Services Club

Time: 12.00pm to 2.00pm

Lunch: At own cost

Activity: \$5.00

Community Transport: \$5.00

RSVP: 11 January 2022

**Friday
28 January**

Venue: Club Bombala

Time: 12.00pm to 2.00pm

Lunch: At own cost

Activity: \$5.00

Community Transport: \$5.00

RSVP: 11 January 2022



RSVP

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Please phone Community Support Services on **6451 1059** to RSVP.

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CHRISTMAS PARTY



You are invited to join us for our Community Connections
end of year Christmas celebration!

Christmas is almost upon us and today we will share a meal infused with Christmas cheer in the beautiful
surrounds of Tuscany in Dalgety.

Where: Tuscany in Dalgety

When: Wednesday 8 December 2021

Time: 12.00pm to 2.00pm

RSVP: Friday 26 November 2021

Cost: Transport: \$5.00, Lunch: \$25.00

Entertainment and a two course Christmas lunch

Please bring a wrapped gift to the value of \$10.00
marked male or female

Bookings essential - places are limited!

Please phone Community Support Services on 6451 1059 to RSVP.

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LOCATIONS

Bombala Community Centre

163 Maybe Street, Bombala

Bredbo Inn Hotel

1 Monaro Highway, Bredbo

Bredbo Christmas Barn

23 Monaro Highway, Bredbo

Nimmitabel Community Centre

Clarke Street, Nimmitabel

Club Bombala

156 Maybe St, Bombala

Cooma Ex-Services Club

106 Vale Street, Cooma

Tuscany in Dalgety

5474 The Snowy River Way, Dalgety

Werri-Nina Centre

227 Sharp Street, Cooma



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MEALS ON WHEELS



Meals on Wheels is expanding their hot meal delivery, offering extra meal options to support you at home while also supporting local businesses.

We are currently looking to expand the hot meal delivery service. If you are interested in receiving hot meals on additional days or are interested in receiving a hot meal in your town from a local business, please contact the Werri-Nina Centre on 6451 1059.

Current Hot Meal Delivery Options:

Cooma

Wednesday: Choice of two different bistro meals. The menu and your choices will vary weekly.

Friday: Fish and Chips.

Bombala

Hot meal delivery available 5 days per week.

Frozen Meal Delivery Options:

Frozen meals are available for delivery in all towns across our region.

Sandwich Packs

We are currently trialing sandwich packs in Cooma beginning in February. The packs will consist of fresh assorted sandwiches with either a piece of cake or fruit.

Meals on Wheels will be offering this service to other townships at a later date.



Funding eligibility criteria applies.

Please contact Werri-Nina Centre on 6451 1059 for more information.

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COVID-19 GROUP GUIDELINES



To ensure we comply with COVID-19 regulations around gatherings, there will be changes to the way our groups operate. These guidelines have been compiled under the advice of NSW Department of Health and are designed to keep us all safe. Please familiarise yourself with these guidelines prior to attending group activities. We will keep you updated regarding any changes to these guidelines.

- You must be fully vaccinated to attend Community Connections group activities and outings.

You are fully vaccinated if you have had:

- o 2 doses of a COVID-19 vaccination where two doses are the complete course, or
- o 1 dose of a COVID-19 vaccination where a single dose is the complete course, or
- o you have a medical exemption.

You are not fully vaccinated if you have had:

- o only 1 dose of a COVID-19 vaccination that requires 2 doses to complete the course, or
- o no doses of a COVID-19 vaccination.

- You will be asked to provide vaccination evidence prior to attending group activities and outings.

Vaccination evidence includes:

- o a printed copy of your immunisation history statement which shows your COVID-19 vaccinations and all other vaccinations
- o presenting your COVID-19 digital certificate via the Service.NSW app
- o an online immunisation history statement
- o a COVID-19 digital certificate from the Australian Immunisation Register
- o an email or other document (printed or electronic) from the Department of Home Affairs that confirms you have completed an Australia Travel Declaration and you have been vaccinated against COVID-19 overseas

a medical exemption, which includes either:

- o a medical contraindication certificate or
- o a medical clearance form.

- To ensure we comply with rules around capacity and social distancing, you must RSVP to attend group activities.
- You must wear a fitted face mask when you are in an indoor area of a non-residential premises in NSW. Please ensure to wear a mask when attending group activities. You are not required to wear a mask if you have a physical or mental health illness, or condition, or disability which makes wearing a mask unsuitable. If this applies to you please call to discuss with staff prior to attending group activities.

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COVID-19 GROUP GUIDELINES



- Please do not attend if you have any of the following symptoms, even if they are only mild:
 - o Fever
 - o Sore/scratchy throat
 - o Shortness of breath
 - o Cough

NSW Department of Health advises that anybody displaying the above symptoms should be tested for COVID-19. You will be asked to declare that you are not displaying any of the above symptoms upon entering the Centre.

- Please sign in and out at reception when entering and leaving the Centre. Both Centres have Service NSW QR codes which can be used to check in using a smartphone. If you do not have a smartphone, reception staff will check you in using the Service NSW website. Please note that your details are stored securely with Service NSW and will only be used for contact tracing in the event of a confirmed case of COVID-19 at either venue.
- Please use hand sanitiser provided when entering and leaving the Centre.
- The Centres will only be open for group activities during the specified timeframes. Access will not be available to the centres outside of these times. This allows staff time for essential tasks such as sanitising surfaces before and after use by group participants.
- Please ensure you maintain a physical distance of at least 1.5 metres from others. To make this easier we ask that, unless using the bathroom, you remain seated whilst attending centres. Please do not enter the kitchen or access items from the cupboards. Our tables will be set up at appropriate distance and craft supplies, tissues and hand sanitiser will be provided at each table.
- Practice good hand hygiene by washing your hands thoroughly for at least 20 seconds with soap and water, or an alcohol based hand rub. Cover your nose and mouth when coughing or sneezing with a tissue or flexed elbow.
- To minimise cash handling we will be invoicing you for groups attendance and Community Transport on a monthly basis.

For further information please phone 6451 1059.

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